Elizabeth Lee Black Breakfast Menu

January 2024

oundary 2027				
<u>1.</u>	<u>2.</u>	<u>3.</u>	4.	5. THE NUTRITION GROUP
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
NO SCHOOL	Assorted Cereal w/ Crackers	Assorted Yogurt cup w/ crackers	Chocolate Filled Crescent	Assorted Cereal w/ Crackers
	Applesauce Cup	Fresh Apple	Fresh Banana	Applesauce Cup
	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
<u>8.</u>	<u>9.</u>	<u>10.</u>	<u>11.</u>	<u>12.</u>
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Assorted Mini Loaf w/ Crackers	Assorted Mini French Toast	Assorted Muffin Tops w/ Crackers	Assorted Yogurt cup w/ crackers	Assorted Cereal w/ Crackers
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>15.</u>	<u>16.</u>	<u>17.</u>	<u>18.</u>	<u>19.</u>
		<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
NO SCHOOL	NO SCHOOL	Assorted Muffin Tops w/ Crackers	Assorted Yogurt cup w/ crackers	Assorted Cereal w/ Crackers
		Fresh Apple	Fresh Banana	Applesauce Cup
		Assorted Juice	Assorted Juice	Assorted Juice
		Milk	Milk	Milk
<u>22.</u>	<u>23.</u>	<u>24.</u>	<u>25.</u>	<u>26.</u>
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Assorted Mini Bagel	Mini Choc Chip French Toast	Assorted Yogurt cup w/ crackers	Goody Ring	Assorted Cereal w/ Crackers
Fresh Apple	Fresh Orange	Fresh Apple	Fresh Banana	Applesauce Cup
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Milk	Milk	Milk	Milk	Milk
<u>29.</u>	<u>30.</u>	<u>31.</u>		
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>		
Assorted Muffin Tops w/ Crackers	Mini Waffles	Egg and Cheese Biscuit		
Fresh Apple	Fresh Orange	Fresh Apple		
Assorted Juice	Assorted Juice	Assorted Juice		
Milk	Milk	Milk		

In order to qualify for a reimbursable Breakfast this meal must include the following components: Meat/Meat Alternate, Fruit, Grains, Milk.

Breakfast Milk Choices Daily:

Fat Free Chocolate or 1% White

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